

# FLU SHOTS

*Our shipments from DoD's flu vaccine supplier are delayed. Currently, we anticipate availability of flu vaccine:*

- **Operational Forces — October**
- **Other Active Duty — late November**
- **All Other Patients — December**

## You have options to get a flu shot:

- Active Duty\*, Families\*\* & Retirees can get a flu shot at a **TRICARE network pharmacy**.
  - There's **no cost**, if administered by a pharmacist.
    - If a provider at an on-site clinic administers the vaccine, it might not be covered.
    - To find pharmacies:
      - Visit: <https://militaryrx.express-scripts.com/find-pharmacy>
      - Call Express Scripts: (877) 363-1303
  - \* Active Duty need to bring proof of immunization to Medical.  
Please bring in or email: your last name & first name, DoD ID#, vaccine lot #, and indicate which arm (left or right) was vaccinated.  
Email: [usn.albany.brhlthclinalbga.list.medical-readiness-staff@mail.mil](mailto:usn.albany.brhlthclinalbga.list.medical-readiness-staff@mail.mil)
  - \*\* Age restrictions might apply. Please call ahead to the network pharmacy.
- Families & Retirees can also get a flu shot at a **TRICARE provider**.
  - Follow your TRICARE plan's **rules** for getting care. You might have co-pays or cost-shares.
- To review your flu shot options:
  - Visit: [www.tricare.mil/CoveredServices/IsItCovered/FluVaccine](http://www.tricare.mil/CoveredServices/IsItCovered/FluVaccine)
  - Call TRICARE East (Humana Military): (800) 444-5445

